



Pathways to Independence

Specializing in social, recreational, and leisure education for adults with learning disabilities since 1987.

2008 Annual Report

Our Mission

Pathways to Independence supports, educates, and empowers adults with learning disabilities and associated disorders to obtain the personal growth, enhanced social skills, and greater self-reliance needed for productive employment and meaningful personal relationships. We accomplish our mission through experiential education, employment preparation, recreational programs, community and volunteer activities, and family support programs.

Our Vision

Adults with learning disabilities will enjoy a fullness of life through:

- living in a community which is accepting and offers choices,
 - attaining self-realization, independent living, health and security,
 - engaging in healthy relationships and using good judgment, and
 - contributing to the community with a sense of purpose, passion and responsibility.
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Board of Directors

Resource Board

President:	Rachel B. Balbach	Retired Chief Economist
Vice President:	Wendy Finger, Ph.D.	Retired Professor, Maryville University
Secretary:	Margaret A. Koenig	Retired Communications Coordinator
Treasurer:	Richard E. Boalbey	Business Development Manager The Boeing Company
Selma L. Balk		Retired Educator
Deborah G. Gordon, LCSW		Partner, Family Wellness Counseling, LLC
J. Scott Clark		Senior Counsel & Director of Labor Relations Ralcorp Holdings, Inc.
Susan S. Newman, LCSW		GED Teacher/Work Readiness Specialist Parkway School District
Joan M. Oliver, Ph.D.		Professor Emerita, Psychology, St. Louis University
Jack A. Schreiber		President and Chief Operating Officer Commerce Bank, St. Louis
Alberta Slavin		Retired Community Coordinator
Marlene D. Zafft		Community Volunteer Past President of Miriam No. 17, U.O.T.S. (The Miriam Foundation)

Debbie Emmelkamp
George Fonyo
Arthur Hoffman
Curtis Ittner, Jr.
R. Troy Kendrick
Barbara Maille
Linda Nissenbaum
Tere Owens
Jo Werner
Gene Zafft

Board meetings of Pathways to Independence are held on the 4th Thursday of the month at Commerce Bank in Clayton, MO and are open to the public. Please notify the office if you wish to attend or to verify the date and/or location of the upcoming meeting. Call 314-863-0202

We're on the web:
www.pathways2independence.com

Pathways to Independence serves those who meet the following criteria:

- Resident of St. Louis County (for PLB funded positions)
- Residents of the St. Louis metropolitan area (for those willing to private pay)
 - Have a minimum IQ of 80 or above
 - Be at least 18 years of age

Qualifying Diagnoses:

- Primary diagnosis of Learning Disability, Reading Disorder, Math Disorder, LD-NOS, Written or Expressive Disorder, AD(H)D, Asperger's Syndrome or Traumatic Brain Injury
- Diagnosed on or before age 22

Event Highlights

- 265 Events were held in FY 2008
- Average of 22 events per month
- Average of 7.5 participants attended each event
- 86 Volunteers assisted throughout the year for a total of 383.75 hours of service

Typical Events available to our clients include:

Math Masters
Conversation 101
Game Night hosted in a client home
Community festivals
Professional/collegiate sporting events
Variety of art/cultural experiences
Exercise instruction
Concerts/Theatres
Dinner and Bowling
Pizza and Video hosted in a client home
St. Clare of Assissi Dance
Dining Out Program

FY 2008 Travel Program

included trips to:

Nashville, TN, Chicago, IL and camping

*Pathways to Independence was recognized in 2008 as the **Outstanding Recreation Program** for the second time in three years by the Recreation Council of Greater St. Louis*

Client Information

- 83 Clients were served in Fiscal Year 2008
- Of those clients, we had 1 client from St. Louis City and the remaining from St. Louis County
- 3 Clients participated in our self-pay option so they could benefit immediately from our services
- 16 individuals were on the waitlist for participation at the end of the fiscal year

*In an independent survey performed by the Productive Living Board of St. Louis County, **100%** of clients were overall **satisfied** with the services provided by Pathways to Independence in Fiscal Year 2008*

- 53% of all families enrolled participated in the Family Membership option raising \$4318.
- The 2008 Annual Meeting included a fashion show by clients in our program and a dance. Clients and their families helped Pathways with \$568 in contributions on the night of the Annual Meeting.

Fundraising Success

- The Productive Living Board of St. Louis County is the primary funder of Pathways to Independence providing \$95,790 towards the program costs
- A Bridge Party Fundraising Event was hosted by friends of Pathways to Independence raising \$31,224.
- Total contributions by individual donors was \$28,755 including the 2007 Year-End Appeal Fundraiser that brought in \$15,019.
- Private-pay clients contributed \$1260 in fees to participate.

*Supporters of Pathways received the **PathNotes Newsletter** in November 2007 and April 2008*



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Statements of Activities for years ended June 30, 2008 and 2007

	2008	2007
Unrestricted Net Assets:		
Unrestricted Support and Revenue:		
Contributions	\$60,978.61	\$43,317.00
Grants:		
Productive Living Board of St. Louis County		
Citizens with Developmental Disabilities	\$ 95,789.81	\$ 89,527.95
Memberships	\$ 4,318.00	\$ 4,092.50
Investment Income	\$ 513.53	\$ 2,306.23
Participant Fees	\$ 1,124.32	\$ 2,117.50
Miscellaneous	\$ 1,876.01	\$ 988.10
Total Unrestricted Support and Revenue	\$164,600.28	\$142,349.28
Expenses		
Programs	\$ 96,442.96	\$109,152.41
Supporting Services:		
Management and general	\$ 12,056.35	\$ 18,599.77
Fundraising	\$ 6,154.56	\$ 11,467.34
Total Expenses and Losses	\$114,653.87	\$139,219.52
Increase (Decrease) in Unrestricted Net Assets	\$ 49,946.41	\$ 3,129.76
Net Assets at Beginning of Year	\$ 49,592.68	\$ 46,462.92
Net Assets at End of Year	\$ 99,539.09	\$ 49,592.68