



Pathways to Independence

Specializing in social, recreational, and leisure education for adults with learning disabilities since 1987.

FY 2009 Annual Report

Our Mission

Pathways to Independence supports, educates, and empowers adults with learning disabilities and associated disorders to obtain the personal growth, enhanced social skills, and greater self-reliance needed for productive employment and meaningful personal relationships. We accomplish our mission through experiential education, employment preparation, recreational programs, community and volunteer activities, and family support programs.

Our Vision

Adults with learning disabilities will enjoy a fullness of life through:

- living in a community which is accepting and offers choices,
 - attaining self-realization, independent living, health and security,
 - engaging in healthy relationships and using good judgment, and
 - contributing to the community with a sense of purpose, passion and responsibility.
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Board of Directors for FY 2009

Resource Board

President:	Rachel B. Balbach	Retired Chief Economist
Vice President:	J. Scott Clark	Senior Counsel & Director of Labor Relations Ralcorp Holdings, Inc.
Secretary:	Margaret A. Koenig	Retired Communications Coordinator
Treasurer:	Richard E. Boalbey	Business Development Manager The Boeing Company
Selma L. Balk		Retired Educator
Deborah G. Gordon, LCSW		Partner, Family Wellness Counseling, LLC
Sharon Kircher		Retired Educator
Susan S. Newman, LCSW		GED Teacher/Work Readiness Specialist Parkway School District
Joan M. Oliver, Ph.D.		Professor Emerita, Psychology, St. Louis University
Jack A. Schreiber		President and Chief Operating Officer Commerce Bank, St. Louis
Alberta Slavin (Deceased 10/08)		Retired Community Coordinator
Marlene D. Zafft		Community Volunteer Past President of Miriam No. 17, U.O.T.S. (The Miriam Foundation)

Debbie Emmelkamp
Wendy Finger
George Fonyo
Arthur Hoffman
Curtis Ittner, Jr.
R. Troy Kendrick
Barbara Maille
Linda Nissenbaum
Tere Owens
Jo Werner
Gene Zafft

Board meetings of Pathways to Independence are held on the 4th Thursday of the month at Commerce Bank in Clayton, MO and are open to the public. Please notify the office if you wish to attend or to verify the date and/or location of the upcoming meeting. Call 314-863-0202

We're on the web:
www.pathways2independence.com

For FY '09, Pathways to Independence served those who meet the following criteria:

- Resident of St. Louis County (for PLB funded positions)
- Residents of the St. Louis metropolitan area (for those willing to private pay)
 - Have a minimum IQ of 80 or above
 - Be at least 18 years of age

Qualifying Diagnoses:

- Primary diagnosis of Learning Disability, Reading Disorder, Math Disorder, LD-NOS, Written or Expressive Disorder, AD(H)D, Asperger's Syndrome or Traumatic Brain Injury*
- Diagnosed before age 22

Event Highlights

- 282 Events were held in FY 2009
- Average of 23.5 events per month
- Average of 8.3 participants attended each event
- 84 Volunteers assisted throughout the year totaling over 955 hours of service

Seven topics were identified to base event programming for FY 2009:

- Community Awareness/Education
- Life Skill Education
- Sports/Leisure Participation/Awareness
- Arts/Theatre Participation/Awareness
- Volunteerism
- Travel
- Hosting

FY 2009 Travel Program

included trips to:

Branson, MO,
Lake of the Ozarks, MO
Camping at Sunnyhill Camp

Pathways to Independence was recognized as the Voice of Caring Partner with KMOX Radio in February 2009

Client Information

- 87 Clients were served in Fiscal Year 2009 (a 5% increase)
- At year end, we had 3 client from St. Louis City and the remaining from St. Louis County.
- 7 Clients participated in our self-pay option so they could benefit immediately from our services.
- 29 individuals were on the waitlist for participation at the end of the fiscal year, an 81% increase over FY 2008.

FY 2009 saw a 22% increase in client participation at events as compared to FY 2008

- 63% of all families enrolled participated in the Family Membership option raising \$5137.
- The 2009 Annual Awards Dinner featured two clients sharing how Pathways to Independence has helped in their lives along with awards for each client in attendance, a nice dinner and dancing.

Fundraising Success

- The Productive Living Board of St. Louis County is the primary funder of Pathways to Independence providing \$95,221 towards the program costs
- Macy's Shop for a Cause, Trivia Night 2009 and the May 2009 Garage Sale raised over \$10,600 combined.
- Total contributions by individual donors was \$43,805 including the 2008 Year-End Appeal Fundraiser that brought in \$24,768.
- Grants received totaled \$4200 for use toward artistic programs and general expenditures.

Supporters of Pathways received the PathNotes Newsletter in November 2008 and March 2009



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Statements of Activities for years ended June 30, 2009 and 2008

	2009	2008
Unrestricted Net Assets:		
Unrestricted Support and Revenue:		
Contributions	\$51,962.41	\$60,978.61
Grants:		
Productive Living Board of St. Louis County		
Citizens with Developmental Disabilities	\$ 95,220.89	\$ 95,789.81
Special Events (net of expenses of \$1,668.75)	\$ 11,681.97	-
Memberships	\$ 5,137.00	\$ 4,318.00
Investment Income	\$ 1,217.63	\$ 513.53
Participant Fees	\$ 2,099.46	\$ 1,124.32
Miscellaneous	\$ 1,139.00	\$ 1,876.01
Total Unrestricted Support and Revenue	\$168,458.36	\$164,600.28
Expenses		
Programs	\$127,361.13	\$ 96,442.96
Supporting Services:		
Management and general	\$ 24,526.07	\$ 12,056.35
Fundraising	\$ 6,169.36	\$ 6,154.56
Total Expenses and Losses	\$158,056.56	\$114,653.87
Increase (Decrease) in Unrestricted Net Assets	\$ 10,401.80	\$ 49,946.41
Net Assets at Beginning of Year	\$ 99,539.09	\$ 49,592.68
Net Assets at End of Year	\$109,940.89	\$ 99,539.09