



Pathways to Independence

Specializing in social, recreational, and leisure education for adults with learning disabilities since 1987.

FY 2010 Annual Report

Our Mission

Pathways to Independence supports, educates, and empowers adults with learning disabilities and associated disorders to obtain the personal growth, enhanced social skills, and greater self-reliance needed for productive employment and meaningful personal relationships. We accomplish our mission through experiential education, employment preparation, recreational programs, community and volunteer activities, and family support programs.

Our Vision

Adults with learning disabilities will enjoy a fullness of life through:

- living in a community which is accepting and offers choices,
 - attaining self-realization, independent living, health and security,
 - engaging in healthy relationships and using good judgment, and
 - contributing to the community with a sense of purpose, passion and responsibility.
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Board of Directors for FY 2010

Resource Board

President:	Rachel B. Balbach	Retired Chief Economist
Vice President:	J. Scott Clark	Senior Counsel & Director of Labor Relations Ralcorp Holdings, Inc.
Secretary:	Margaret A. Koenig	Retired Communications Coordinator
Treasurer:	Joseph P. Wilder	President, Wilder Consulting, LLC
Selma L. Balk		Retired Educator
Steve Dedrickson, DDS		Owner, Sevens Dental
Deborah G. Gordon, LCSW		Partner, Family Wellness Counseling, LLC
Sharon Kircher		Retired Educator
Susan S. Newman, LCSW		GED Teacher/Work Readiness Specialist Parkway School District
Joan M. Oliver, Ph.D.		Professor Emerita, Psychology, St. Louis University
Jack A. Schreiber		President and Chief Operating Officer Commerce Bank, St. Louis
Bradford Werner		Owner, Pentahui, Inc.
Marlene D. Zafft		Community Volunteer Past President of Miriam No. 17, U.O.T.S. (The Miriam Foundation)

Richard Boalbey
Debbie Emmelkamp
Wendy Finger
George Fonyo
Arthur Hoffman
Curtis Ittner, Jr.
R. Troy Kendrick
Barbara Maille
Linda Nissenbaum
Tere Owens
Jo Werner
Gene Zafft

Board meetings of Pathways to Independence are held on the 4th Thursday of the month at Commerce Bank in Clayton, MO and are open to the public. Please notify the office if you wish to attend or to verify the date and/or location of the upcoming meeting. Call 314-863-0202

We're on the web:

www.pathways2independence.com

For FY '10, Pathways to Independence served those who meet the following criteria:

- *Primary diagnosis of Learning Disability, Reading Disorder, Math Disorder, LD-NOS, Written or Expressive Disorders, AD(H)D, autism, Asperger's Syndrome, Borderline Intellectual Functioning or Traumatic Brain Injury*
- *Resident of St. Louis County (for PLB funded positions) or St. Louis City (for DD Resources funded positions)*

Continued:

- *Residents of the St. Louis metropolitan area (for those willing to private pay)*
- *Have a minimum IQ of 71 or above*
- *At least 18 years old and diagnosed before age 22*

Event Highlights

- 250 Events were held in FY 2010 with 2,535 attendees participating during those events
- Average of 10.14 participants attended each event, a 22% increase in the average amount of attendees per event

During events, participants worked on the following skills:

-Age-appropriate conversation skills/topics/behaviors

- Customer service/hosting
- Team building
- Hygiene/appearance
- Problem solving
- Cash handling/money management
- Conflict resolution
- Reading comprehension
- Anger management
- Healthy lifestyle choices
- Transportation/route planning
- Self-advocacy
- Time management/planning skills
- Community safety

- Attention to task
- Basic computer skills
- Following multi-step directions
- Job experience training through volunteerism

Pathways to Independence participants volunteered for 13 other non-profits and causes through FY 2010, learning to support their community by giving back to others.

Client Information

- 97 Clients were served in Fiscal Year 2010 (a 15% increase)
- At year end, we had 5 clients from St. Louis City, 91 from St. Louis County and one from Jackson, MO.
- 12 Clients participated in our self-pay option so they could benefit immediately from our services.
- 36 individuals were on the waitlist for participation at the end of the fiscal year, a 125% increase over FY 2008.

Pathways to Independence received a grant from the Boeing Employees Community Fund for website enhancements allowing social interaction within a controlled group.

- Many families participated in the Family Membership option raising \$5637.00.
- The 2010 Annual Awards Dinner featured one client sharing how Pathways to Independence has helped in his life along with awards for each client in attendance, a nice dinner and dancing. The theme of the evening was *personal growth*.

Fundraising Success

- The Productive Living Board of St. Louis County is the primary funder of Pathways to Independence providing \$101,831 towards the program costs
- Pathways to Independence was the recipient of \$11,500 through the St. Louis Track Club, from the I-64 Fun on the Freeway 5k run.
- Macy's Shop for a Cause, Trivia Night 2010 and the Walk, Run 'n Roll raised over \$20,720 combined.
- 21% of the overall budget was contributed by individual donors, including the 2009 Year-End Appeal Fundraiser that brought in \$29,291.
- Grants received totaled \$14,500 for use toward artistic programs and general expenditures, a 345% increase from FY 09.

Funding was expanded for City of St. Louis residents through mid-year funding by the St. Louis Office for DD Resources, opening new doors for service.



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Statements of Activities for years ended June 30, 2010 and 2009

	2010	2009
Unrestricted Support and Revenue:		
Contributions	\$ 65,467.05	\$ 51,962.41
Grants:		
-Productive Living Board of St. Louis County		
Citizens with Developmental Disabilities	\$101,831.89	\$ 95,220.89
-St. Louis Office for Developmental Disability Resources	\$ 695.00	\$0.00
Special Events (net of expenses of \$1,883 in FY '10)	\$ 20,802.60	\$ 11,681.97
Memberships	\$ 5,637.30	\$ 5,137.00
Investment Income	\$ 1,193.08	\$ 1,217.63
Participant Fees	\$ 4,165.54	\$ 2,099.46
Miscellaneous	\$ 5,108.98	\$ 1,139.00
Total Unrestricted Support and Revenue	\$204,901.64	\$168,458.36
Expenses		
Programs	\$147,298.31	\$127,361.13
Supporting Services:		
Management and general	\$ 30,143.43	\$ 24,526.07
Fundraising	\$ 6,917.26	\$ 6,169.36
Total Expenses and Losses	\$184,359.00	\$158,056.56
Increase (Decrease) in Unrestricted Net Assets	\$ 20,542.64	\$ 10,401.80
Net Assets at Beginning of Year	\$109,940.89	\$ 99,539.09
Net Assets at End of Year	\$130,483.53	\$109,940.89