



Pathways to Independence

Specializing in social, recreational, and leisure education for adults with learning disabilities since 1987.

FY 2011 Annual Report

Our Mission

Pathways to Independence supports, educates, and empowers adults with learning disabilities and associated disorders to obtain the personal growth, enhanced social skills, and greater self-reliance needed for productive employment and meaningful personal relationships. We accomplish our mission through experiential education, employment preparation, recreational programs, community and volunteer activities, and family support programs.

Our Vision

Adults with learning disabilities will enjoy a fullness of life through:

- living in a community which is accepting and offers choices,
 - attaining self-realization, independent living, health and security,
 - engaging in healthy relationships and using good judgment, and
 - contributing to the community with a sense of purpose, passion and responsibility.
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Board of Directors for FY 2011

Resource Board

President:	Joseph P. Wilder	President, Wilder Consulting, LLC
Vice President:	J. Scott Clark	Senior Counsel & Director of Labor Relations Ralcorp Holdings, Inc.
Secretary:	Susan Newman, LCSW	Readiness Specialist, Parkway School District
Treasurer:	Rachel Balbach	Retired Economist
	Selma L. Balk	Retired Educator
	Steve Dedrickson, DDS	Owner, Sevens Dental
	Deborah G. Gordon, LCSW	Partner, Family Wellness Counseling, LLC
	Kari Hinkle (June 2011)	Development Associate, St. Louis University
	Sandra Kapsar (June 2011)	Owner, Sandra B. Kapsar, CPA
	Sharon Kircher	Retired Educator
	Margaret A. Koenig	Retired Communications Coordinator
	Joan M. Oliver, Ph.D.	Professor Emerita, Psychology, St. Louis University
	Bradford Werner	Owner, Pentahui, Inc.
	Marlene D. Zafft	Community Volunteer Past President of Miriam No. 17, U.O.T.S. (The Miriam Foundation)

Richard Boalbey
Debbie Emmelkamp
Wendy Finger
George Fonyo
Arthur Hoffman
Curtis Ittner, Jr.
R. Troy Kendrick
Barbara Maille
Linda Nissenbaum
Tere Owens
Jo Werner
Gene Zafft

Board meetings of Pathways to Independence are held on the 4th Thursday of the month at Commerce Bank in Clayton, MO and are open to the public. Please notify the office if you wish to attend or to verify the date and/or location of the upcoming meeting. Call 314-863-0202



We're on the web:
www.pathways2independence.com

Pathways to Independence serves those who meet the following criteria:

- *Primary diagnosis of Learning Disability, Reading Disorder, Math Disorder, LD-NOS, Written or Expressive Disorders, AD(H)D, autism, Asperger's Syndrome, Borderline Intellectual Functioning or Traumatic Brain Injury*
- *Resident of St. Louis County (for PLB funded positions) or St. Louis City (for DD Resources funded positions)*
- *Residents of the St. Louis metropolitan area (for those willing to private pay)*
- *Have a minimum IQ of 71*
- *At least 18 years old and diagnosed before age 22*

Program Highlights

- 299 Events were held in FY 2011 with 2,295 attendees participating in those events.
- In a conscious effort to reduce average group size, an average of 7.68 participants attended each event. Smaller groups allow greater opportunity for instruction and assistance.
- 78% of participants report improved self-confidence as a result of participation in Pathways to Independence programs.
- The Productive Living Board of St. Louis survey found that 97.8% of Pathways participants would recommend the program to a friend.
- Participants received 6,631 hours of support.
- During scheduled events, participants provided over 250 hours of community service to other non-profit organizations and causes.
- Examples of educational events included Job Readiness Class, Conversation 101, Math Masters, Cooking Club, Event Planning, Creative Expression, Walking/Fitness Club, Women's Dress for Success, Creative Arts Programming, Computer Class, Legislative Action Day and Reading Club.

Pathways to Independence received, via a \$1 annual lease, a new 2010 transport van from Gateway to Independence Transportation Co., providing a partial solution to a dire need by many participants for access to their community.

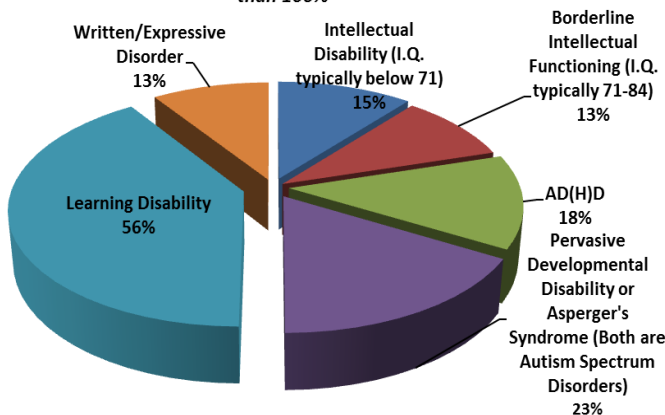
Fundraising Success

- The Productive Living Board of St. Louis County is the primary funder of Pathways to Independence providing \$102,357 towards the program costs.
- FY 2011 was the first full year of funding for residents of St. Louis City by the St. Louis Office for Developmental Disability Resources providing \$4,755 towards program expenses.
- Macy's Shop for a Cause (\$2,685), Trivia Night 2011 (\$7,627) and the Walk Run 'n Roll (\$5,952) were the major fundraising events.
- 13% of the overall budget was contributed during the 2010 Year-End Appeal Fundraiser that brought in \$23,775.
- The Schnucks eScrip program generated \$1,078 throughout the year.
- Through June 30, 2011 Grants were received from the following foundations and trusts: August A. Busch Charitable Trust, Bland Family Foundation, Employee's Community Fund of Boeing St. Louis, Enterprise Holdings Foundations, First Unitarian Church, Millstone Foundation, Washington University Student O.T. Association, Sara and Fred Epstein Family Foundation, Stanley L and Lucy Lopata Charitable Foundation totaling over \$17,500.

Client Information

Primary Diagnosis of PTI Participants

Note: some participants have multiple diagnoses resulting in a total greater than 100%



- 109 Clients were served in Fiscal Year 2011. This is a 12% increase over FY 2010.
- At year end, we had 7 active clients from St. Louis City, 93 from St. Louis County and one from Jackson, MO.
- 19 (a 58% increase over FY 2010) Clients participated in our self-pay option so they could benefit immediately from our services.
- 53 individuals were on the waitlist for participation as of June 30, 2011 a 231% increase over FY 2008.
- 52% Male, 48% female
- 41% live independently or in supported housing.
- 83% have been active for longer than one year.



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200 South Hanley, Suite 103
Clayton, MO 63105

Phone: 314-863-0202

Fax: 314-863-7865

E-mail: craig@pathways2independence.com

www.pathways2independence.com

Statements of Activities for years ended June 30, 2011 and 2010

	2011	2010
Unrestricted Support and Revenue		
Contributions	59,926	65,467
Grants:		
-Productive Living Board of St. Louis County		
Citizens with Developmental Disabilities	102,357	101,832
-St. Louis Office for Developmental Disability Resources	4,755	695
Special Events	20,402	20,803
Memberships	3,995	5,637
Investment Income	903	1,193
Participant Fees	7,927	4,166
Miscellaneous	<u>7,449</u>	<u>5,109</u>
Total Unrestricted Support and Revenue	207,714	204,902
Expenses		
Programs	148,260	147,298
Supporting Services:		
Management and general	28,183	30,144
Fundraising	<u>9,264</u>	<u>6,917</u>
Total Expenses and Losses	185,707	184,359
Increase in Unrestricted Net Assets	22,007	20,543
Net Assets at Beginning of Year	<u>130,484</u>	<u>109,941</u>
Net Assets at End of Year	\$152,491	\$130,484