



Pathways to Independence

*Specializing in social, recreational, and leisure education
for adults with learning disabilities since 1987.*

FY '12 Annual Report

Our Mission

Pathways to Independence (PTI) supports, educates, and empowers adults with learning disabilities and associated disorders to obtain the personal growth, enhanced social skills, and greater self-reliance needed for productive employment and meaningful personal relationships. We accomplish our mission through experiential education, employment preparation, recreational programs, community and volunteer activities, and family support programs.

Our Vision

Adults with learning disabilities will enjoy a fullness of life through:

- living in a community which is accepting and offers choices,
 - attaining self-realization, independent living, health and security,
 - engaging in healthy relationships and using good judgment, and
 - contributing to the community with a sense of purpose, passion and responsibility.
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Board of Directors for FY '12

Resource Board

| | | |
|-----------------|------------------------------|--|
| President: | Joseph P. Wilder | President, Wilder Consulting, LLC |
| Vice President: | J. Scott Clark | Senior Counsel & Director of Labor Relations Ralcorp Holdings, Inc. |
| Secretary: | Sharon A. Kircher | Retired Educator |
| Treasurer: | Rachel Balbach | Retired Economist |
| | Selma L. Balk | Retired Educator |
| | Steve Dedrickson, DDS | Owner, Sevens Dental |
| | John Finkenkeller | Owner, John R. Finkenkeller, CPA |
| | Sandra Kapsar | Owner, Sandra B. Kapsar, CPA |
| | Margaret A. Koenig | Retired Communications Coordinator |
| | Susan S. Newman | LCSW; Reference Consultant, Association of Community College Trustees |
| | Christopher Roberts | Associate Attorney, Evans & Dixon, LLC |
| | Anne Tolan | Councilmember, City of Webster Groves Community Volunteer |
| | Bradford Werner | Owner, Pentahui, Inc. |

Richard Boalbey
Debbie Emmelkamp
Wendy Finger
George Fonyo
Deborah Gordon
Arthur Hoffman
Curtis Ittner, Jr.
R. Troy Kendrick
Barbara Maille
Linda Nissenbaum
Dr. Joan Oliver
Tere Owens
Jo Werner
Gene Zafft

Board meetings of Pathways to Independence are held on the 4th Thursday of the month at Commerce Bank in Clayton, MO and are open to the public. Please notify the office if you wish to attend or to verify the date and/or location of the upcoming meeting. Call 314-863-0202



Check us out at our new web address:

www.ptistl.org

Primary Diagnoses include:

Learning Disability, Reading Disorder, Math Disorder, LD-NOS, Written or Expressive Disorders, AD(H)D, autism, Asperger's Syndrome, Borderline Intellectual Functioning or Traumatic Brain Injury

Pathways to Independence (PTI) served those who met the following criteria in FY '12:

- Resident of St. Louis County (for Productive Living Board funded positions) or St. Louis City (for Developmental Disability Resources funded positions)
- Residents of the St. Louis metropolitan area (for those willing to private pay)
- At least 18 years old and diagnosed before age 22

Program Highlights

- 385 events were held in FY '12 with 2,662 attendees participating in those events.
- Through focused programming designed to enhance skill building opportunities, PTI's small group learning opportunities averaged 6.37 participants per social training.
- Pathways to Independence provided over 8,125 hours of support in FY '12, a 23% increase from FY '11.
- Clients participated in 17 volunteer opportunities in FY '12, which supported 15 different nonprofit organizations in the St. Louis area.
- The City of St. Louis Office for DD Resources survey found that PTI participants reported 100% satisfaction with our program and the services they receive.
- When surveyed, 92% of participants reported improved interpersonal skills learned through services they have received through PTI.
- 75% of participants reported increased knowledge of community resources through PTI participation.
- 81% of participants reported increased self-confidence through PTI participation.
- Participants have reported that some of the most valuable lessons they have learned through the PTI program include:
 - Conflict Resolution
 - Planning/Prioritizing
 - Team Building
 - Conversation Topics
 - Conversation Skills
 - Decision Making
 - Advocacy
 - Safety in the Community
 - Leisure Awareness/Education

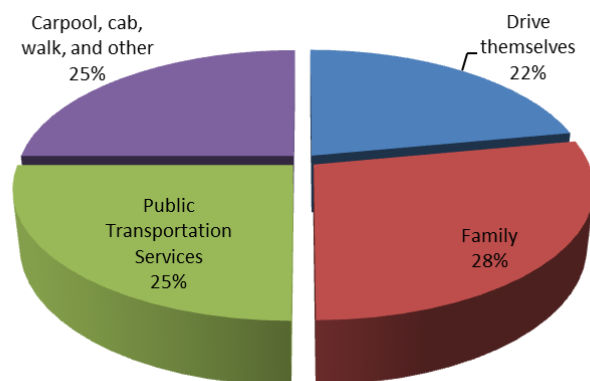
Fundraising Success

- The Productive Living Board of St. Louis County is the primary funder of Pathways to Independence providing \$109,070 towards expenses for over 80 individuals.
- Through June 30, 2012, grants received from various foundations and trusts reached a sum of \$129,865—a 662% increase over the previous year.
- Macy's Shop for a Cause, Trivia Night 2012, and the Walk Run 'n Roll were the major fundraising events of FY '12 raising a combined total of \$22,994, a 41% increase over FY '11.
- In a second year of funding for residents of St. Louis City, the St. Louis Office for Developmental Disability Resources partnered with \$6,092 towards expenses for 8 individuals.

Private corporations, family trusts and foundations provided over \$29,000 to offer 20 large group interaction opportunities for participants to practice skills gained through small group training.

Client Information

How PTI participants access their communities



- 106 clients were served by PTI in FY '12.
- 76% of PTI clients hold part-time or full-time jobs, 82% retained their position from the previous year.
- 19 clients participated in our self-pay option so they could benefit immediately from our services.
- 97% of participants have received services from PTI for over one year
- 55% Female, 45% Male
- 46% live independently or in supported housing.



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Statements of Activities for years ended June 30, 2012 and 2011

| | 2012 | 2011 |
|--|-----------------------|-----------------------|
| Unrestricted Support and Revenue | | |
| Contributions | \$178,922 | \$59,926 |
| Grants | | |
| -Productive Living Board of St. Louis County | | |
| Citizens with Developmental Disabilities | 109,070 | 102,357 |
| -St. Louis Office for Developmental Disability Resources | 6,092 | 4,755 |
| Special Events | 28,098 | 20,402 |
| Memberships | - | 3,995 |
| Investment Income | 1,010 | 903 |
| Participant Fees | 15,221 | 7,927 |
| Miscellaneous | <u>8,419</u> | <u>7,449</u> |
| Total Unrestricted Support and Revenue | 346,832 | 207,714 |
| Expenses | | |
| Programs | 160,740 | 148,260 |
| Supporting Services | | |
| Management and general | 37,176 | 28,183 |
| Fundraising | <u>26,545</u> | <u>9,264</u> |
| Total Expenses and Losses | 224,461 | 185,707 |
| Increase in Unrestricted Net Assets | 122,371 | 22,007 |
| Net Assets at Beginning of Year | <u>152,491</u> | <u>130,484</u> |
| Net Assets at End of Year | \$274,862 | \$152,491 |