



Pathways to Independence

Specializing in social, recreational, and leisure education for adults with learning disabilities since 1987.

FY '13 Annual Report

Our Mission

PTI enriches the lives of adults with complex learning disabilities and associated disorders through the development of the social interaction and self-advocacy skills necessary to achieve each individual's goals for independence, community engagement and meaningful relationships.

Our Vision

Adults with learning disabilities will enjoy a fullness of life through:

- living in a community which is accepting and offers choices,
- attaining self-realization, independent living, health and security,
- engaging in healthy relationships and using good judgment, and
- contributing to the community with a sense of purpose, passion and responsibility.

Our Operating Principle

Through PTI programming, participants develop skills and apply those skills in areas that translate to greater independence and success in achieving their vocational, personal, social, community and volunteer pursuits. In turn, participants become more comfortable in personal and community-based relationships and involvement. Families experience greater peace of mind and autonomy as our participants experience more fulfilled lives and greater self-reliance. The community is enhanced through the participants' active involvement, economic contributions and improved diversity as they experience greater independence and social success.

Board of Directors for FY '13

Resource Board

| | | |
|----------------------------|------------------------------|--|
| President: | John Finkenkeller | Owner, John R. Finkenkeller, CPA |
| Vice President: | Anne Tolan | Councilmember, City of Webster Groves Community Volunteer |
| Secretary: | Sharon A. Kircher | Retired Educator |
| Treasurer: | Steve Dedrickson, DDS | Owner, Sevens Dental |
| Selma L. Balk | | Retired Educator |
| Rachel Balbach | | Retired Economist |
| J. Scott Clark | | Senior Counsel & Director of Labor Relations Ralcorp Holdings, Inc. |
| Brooke Foster | | Deputy Campaign Director, Pelopidas, Inc. |
| Margaret A. Koenig | | Retired Communications Coordinator |
| Susan S. Newman | | LCSW; Reference Consultant, Association of Community College Trustees |
| Christopher Roberts | | Partner, Butsch Roberts & Associates, LLC |
| Stephen Stanfill | | Chief Operating Officer, St. Louis Management Group, Inc. |
| Bradford Werner | | Owner, Pentahui, Inc. |
| Joseph P. Wilder | | President, Wilder Consulting, LLC |

Richard Boalbey
Debbie Emmelkamp
Wendy Finger
George Fonyo
Deborah Gordon
Arthur Hoffman
Curtis Ittner, Jr.
R. Troy Kendrick
Barbara Maille
Linda Nissenbaum
Dr. Joan Oliver
Tere Owens
Jo Werner
Gene Zafft

Board meetings of Pathways to Independence are held on the 4th Thursday of the month at Commerce Bank in Clayton, MO and are open to the public. Please notify the office if you wish to attend or to verify the date and/or location of the upcoming meeting. Call 314-863-0202



Check us out at our new web address:

www.ptistl.org

Primary Diagnoses include:

Learning Disability, Reading Disorder, Math Disorder, LD-NOS, Written or Expressive Disorders, AD(H)D, autism, Asperger's Syndrome, Borderline Intellectual Functioning or Traumatic Brain Injury

Pathways to Independence (PTI) served those who met the following criteria in FY '13:

- Resident of St. Louis County (for Productive Living Board funded positions), St. Louis City (for Developmental Disability Resources funded positions) or St. Charles County (for the Developmental Disability Resource Board of St. Charles County funded positions).
- Residents of the St. Louis metropolitan area (for those willing to private pay)
- At least 18 years old and diagnosed before age 22

- Participants received 6795 hours of face-to-face support across all program areas.
- 246 group opportunities were presented and attended for skill generalization, community participation and progress towards goals.
- 216 self-directed small groups were initiated with staff support to help participants progress towards goals in planning, building relationships and overcoming anxiety.
- 201 1:1 individual supports assisted participants in identifying goal areas and receiving focused training toward those goals.
- Participation by City of St. Louis residents increased 64% over FY '12.
- 18 residents of St. Charles County participated in the first 9 months of the program, filling 60% of openings. Those participants took part with funding from the DDRB for the first time in PTI's history, opening new doors for those without previous options to meet their individual needs.

Strategic Plan

During FY '13, the PTI Board of Directors, staff, participants and families engaged in a formal strategic planning process led by EMD Consultants. This process focused on four primary goal areas that ensure the highest quality services to those being supported.

The primary goal areas include:

1. Re-design the program structure,
2. Strengthen infrastructure,
3. Ensure sufficient revenue, and
4. Position the organization for the future.

For a more complete summary of the Strategic Plan, visit our website at www.ptistl.org.

The following reflects information gained from 46 participant respondents to our 2013 survey.

- 95% are satisfied with improvement in their social network and interpersonal skills.
- 97% are satisfied with the method the program is delivered.
- 82% are employed. Only 67% of participants in the program less than one year are employed.
- 91% of those employed work in competitive employment.
- Participants report an average of 4.44 meaningful relationships in their lives outside of family. Those participating less than one year report only 2.80.
- 71% report finding additional friendships in PTI and 68% of those who have not, have identified someone they would like to know better.
- 67% report improved social interactions skills.
- 60% report improved self-confidence.
- 57% report improved self-advocacy skills.
- Those participants in the program longer than one year report participating in the community 4.07 times per month compared to 2.67 times per month for those involved less than one year.
- Those participating in the program longer than one year report being invited to get together by someone else nearly twice as often.

In addition to public funding through local Senate Bill 40 Boards and individual giving, the following foundations, businesses and organizations contributed financially during FY '13:

- Ameren
- Bank of America
- Bland Family Foundation
- Boeing Employee's Community Fund St. Louis
- California Pizza Kitchen
- Covidien
- Enterprise Holdings Foundation
- Favazza's
- First Unitarian Church of St. Louis
- Gateway Combined Federal Campaign
- Green Harvest Ingredients
- Hillside Animal Hospital
- LMI Aerospace
- Lodging Hospitality Management
- Master Auto Repair
- Millstone Foundation
- Neighbor's Credit Union
- Rotary Club of Clayton Ladue
- Schnucks Markets
- Sevens Dental
- State Farm (Various Agents)
- Stinson Morrison Hecker,
- The Trio Foundation of St. Louis
- Various private family trusts

In October 2012, Up to 30 residents of St. Charles County became eligible for funded services. We are proud to be a partner agency of the DDRB and providing needed supports in this area.





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www.ptistl.org
Partially funded by:



Statements of Activities for years ended June 30, 2013 and 2012

| | 2013 | 2012 |
|---|-----------------------|-----------------------|
| Unrestricted Support and Revenue | | |
| Contributions | \$176,577 | \$178,922 |
| Grants | | |
| -Productive Living Board of St. Louis County | | |
| Citizens with Developmental Disabilities | 109,127 | 109,070 |
| -St. Louis Office for Developmental Disability Resources | 10,004 | 6,092 |
| -Developmental Disability Resource Board for St. Charles County | 6,942 | - |
| Special Events | 31,215 | 33,206 |
| Investment Income | 859 | 1,010 |
| Participant Fees | 8,535 | 15,221 |
| Miscellaneous | <u>9,819</u> | <u>8,419</u> |
| Total Unrestricted Support and Revenue | 353,078 | 351,940 |
| Expenses | | |
| Programs | 189,951 | 160,740 |
| Supporting Services | | |
| Management and general | 55,585 | 37,176 |
| Fundraising | <u>30,645</u> | <u>31,653</u> |
| Total Expenses and Losses | 276,181 | 229,569 |
| Increase in Unrestricted Net Assets | 76,897 | 122,371 |
| Net Assets at Beginning of Year | <u>274,862</u> | <u>152,491</u> |
| Net Assets at End of Year | \$351,759 | \$274,862 |